Halloween Social Story

Halloween is on Thursday 31st October.
Halloween is a fun holiday where people dress up and go trick-or-treating.

For Halloween, I can dress up as anything or anyone I want. I can wear a costume and a mask too. It's fun to pretend to be something different! I can wear my costume while trick-or-treating. If I don't want to wear a costume, then that's okay too.

Sometimes it is hard to find a costume that feels comfortable. I can always wear comfortable clothes underneath my costume. Then I won't be bothered by the feel of the costume on my skin.

When I am trick-or-treating, I will see lots of other people wearing costumes, masks, or face paint. Some of these costumes may be scary. The costumes are just for pretend and they're not real.

When I go trick-or-treating, I will always go with a parent or another trusted adult. We will visit houses in my neighbourhood and collect sweets.

I will use a bag or bucket to collect the treats.

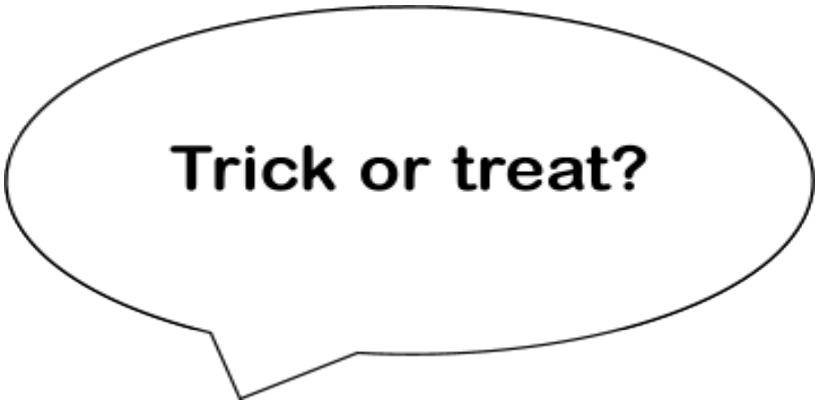
When I am out trick-or-treating, I will see lots of Halloween decorations like ghosts, pumpkins and witches.

Some of these decorations might look scary, but the ghosts, witches and monsters are not real.

I will not touch the decorations I see.

When I go trick or treating it is important to only go to houses where the lights are on or people are outside.

Sometimes there will be other kids trick-or-treating at a house that I want to go to. I may have to wait in line and wait my turn. I will still receive treats, even if I am not first in line. There are plenty of treats for everyone!



When I arrive at a house, I will ring the doorbell or knock on the door once or twice. I can say “Trick-or-Treat!” or “Happy Halloween!” when someone answers the door.

The person may be wearing a costume, there may also be scary music inside the house.

After I say trick-or-treat, the person who lives at the house will give me some sweets or other Halloween items like stickers, pencils, or glow sticks.

They may also say something nice about the costume that I am wearing.

At some houses, the person may let me choose my own treats. I will only take a couple of items so that there will be enough for other children.

Other people may just hand me sweets. Some houses will give more treats than others. The people want to make sure they have enough for everyone.

I will be polite when someone gives me a Halloween treat. I will say “Thank you” or “Happy Halloween.” Then I can go to the next house for more treats.

I will return home when I am done trick-or-treating. My parents will go through the sweets with me to make sure all of the treats are safe for me to eat. I can eat some of the candy once my parents have checked the items over.

Dressing up and going trick-or-treating on Halloween can be a lot of fun! I can’t wait to do it again next year!